



# TODDLERS

**NURSERY & PRE-SCHOOL**  
BY THE LYCEUM GROUP







ABOUT US

01



**1 ETHOS**  
Empowering Growth -  
Inspiring Success

**2 TEAM**  
At Toddlers Nursery, our team is made up of caring and experienced early years professionals who share a genuine passion for children's growth, happiness, and well-being.

OUR VISION

**3 BELIEF**  
At Toddlers Nursery and Preschool, we believe in inclusive, innovative education that transforms lives and uncovers each child's potential.

**4 VISION**  
By cultivating a safe, joyful, and inspiring environment, we aim to help children become confident learners, caring friends, and happy individuals ready for life's journey.

**5 HISTORY**  
Our journey is defined by innovative teaching and a commitment to shaping students' success.

**6 ABOUT US**  
Toddlers Nursery and Preschool provides a distinctive learning community, global-mindedness, and celebrating differences through educational innovation.





# MEET THE TEAM



# 02



MELANIE  
DIRECTOR



PHILIPPA  
NURSERY MANAGER



BOBBIE  
PRACTITIONER



RUZINA  
PRACTITIONER



# NURSERY INFORMATION

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# SEVEN AREAS OF LEARNING

- 1 Personal, Social & Emotional Development
- 2 Communication & Language
- 3 Physical Development
- 4 Expressive Arts & Design
- 5 Understanding the World
- 6 Literacy
- 7 Mathematics

## WORKING WITH FAMILIES

Every month, families receive personalised planning updates showing areas of focus and ideas to support learning at home. We value strong partnerships with parents and encourage families to share milestones, achievements, and experiences to enrich their child's growth.

## CURRICULUM SUPPORT

Our Curriculum Lead guides our team in delivering a high-quality curriculum and supports practitioner development. Parents are welcome to speak with her for more details about our learning approach.

## OUR NURSERY IS SPLIT INTO FIVE BASE ROOMS:

ROOM	AGE GROUP	NOTES
baby	birth till 1 year	Our youngest learners
Tweenies	1 - 2 years	Developing early skills
Toddlers	2 – 3 years	Exploring and interacting
Lower Pre-School	3 – 5 years	Foundation for school readiness

# PARTNERS IN LEARNING



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# KEY PERSON APPROACH

At Toddlers Nursery, every child is assigned a Key Person – a dedicated practitioner who makes sure your child feels safe, secure, and cared for.

## THE KEY PERSON:

- Build a trusting relationship with your child and family.
- Support your child's care needs, learning, and development.
- Help your child feel welcomed, valued, and cherished.
- Encourage confidence to explore, make friends, and grow.
- Share daily updates and progress with families.

### Settling In:

Children choose their own Key Person, based upon who they naturally gravitate towards or bond with. After the first six weeks, we'll meet with you to confirm their Key Person and discuss how your child is settling.



# LEARNING SUPPORT



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# SUPPORTING YOUR CHILD'S LEARNING AT HOME

We value parents as their child's first and most important educators and warmly welcome you into the life of our nursery. Our goal is to build an honest, open, and supportive relationship with families, complementing learning at home while enhancing each child's development.

To keep you fully involved, we use a variety of ways to communicate and support you:

01

Friendly Support Our approachable staff are always here to help with advice or reassurance.

02

Parent Questionnaires Annual opportunities for feedback and suggestions.

03

Newsletters Sharing nursery highlights, events, and future plans.

04

Family Information Evenings Interactive sessions where parents join activities and learn how they support children's development.

05

Parent Suggestion Box A space for families to share comments or ideas, regularly reviewed by our management team.

06

Daily Diary Updates on meals, activities, naps, and daily care.



A photograph of two young children playing in a grassy yard. In the foreground, a child with blonde hair, wearing a yellow shirt and blue overalls, is smiling and holding onto a colorful plastic play structure. In the background, another child with dark hair, also in a yellow shirt and blue overalls, is running and laughing. The scene is bright and sunny. A large white number '6' is overlaid in the bottom left corner, and the word 'MINDFULNESS' is written vertically in white capital letters on the right side.

MINDFULNESS

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# MINDFULNESS

At Toddlers Nursery & Preschool, we believe in helping children build strong foundations for their wellbeing, confidence, and happiness. Practising mindfulness at an early age not only supports mental health but also helps toddlers develop social, emotional, and communication skills in fun and playful ways

## Dough Disco

Playdough is a fantastic way for children to explore their feelings and release energy. Pair it with some lively music and encourage your child to roll, poke, squash, and squeeze the dough. This activity supports both fine motor skills and happiness through movement and rhythm. (You can find examples of Dough Disco songs on YouTube!)

## Wiggle the Worries

Set a one-minute timer and ask your child to shake, wiggle, and dance as much as they can. When the time is up, place a hand on your heart together and notice how it's beating. This simple game helps children release tension and become more aware of their bodies.

## Teddy Breathing

Invite your child to lie down on their back and place a teddy on their tummy. As they take a deep breath in, notice the teddy rising up, and as they breathe out, watch it go down again. This gentle exercise helps children to relax, focus, and understand their breathing

# SAFEGUARDING

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# SAFEGUARDING & CHILD PROTECTION

At Toddlers Nursery, safeguarding is our top priority. We work in partnership with families, external agencies, and the community to ensure every child feels safe, respected, and protected.

Our nursery is fully secure with:

- Intercom entry system for controlled access
- Trained staff who uphold their duty of care at all times

We follow strict safeguarding policies, including: Child Protection, Preventing Extremism & Radicalisation, and Whistleblowing. Full policies are available at reception.

## OUR COMMITMENT

- Always place children at the centre of all we do.
- Provide regular safeguarding & child protection training for staff.
- Record and share accidents/incidents openly with families.
- Protect against bullying, discrimination, and online risks.
- Share information only when necessary, always in the child's best interest.
- Take immediate action on any safeguarding concerns.
- Carefully assess and manage risks in all areas of care.



# MEAL TIMES



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# MEALTIMES

We provide healthy, nutritious and well-balanced meals here at nursery, meeting the children's individual dietary needs. Mealtimes are a time to promote independence, encourage children to try new foods and make their own choices.

ALL MEALS PROVIDED AT TODDLERS NURSERY & PRESCHOOL ARE **HALAL** .

Breakfast Time:	08:00-08:30am
Snack time:	10:00am
Lunch time:	12:00pm
Snack time:	02:30pm
High Tea:	03:30pm

Our fantastic Head chef works together with the Nursery Manager and a dietician, to provide a fully balanced diet for the children attending our nursery.

We have a Food and Drinks Policy here at nursery, the details of which are in the policy file, located in the reception area. Please feel free to look at any time.



MEDICAL NEEDS

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# SICKNESS & MEDICAL NEEDS

At Toddlers Nursery, your child's health and wellbeing are our priority. If your child is unwell, please keep them at home until they are fully recovered. This helps protect all children and staff.

## WHEN TO STAY HOME

- Sickness & Diarrhoea
- Chickenpox
- Scarlet Fever
- Viral Infections
- Impetigo
- COVID-19

## MEDICATION

- Prescribed medicine must have a pharmacy label.
- Antibiotics → Child stays home for 48 hours before returning.
- A Medication Form must be signed for staff to administer medicine.

## MEDICAL NEEDS

- Parents share medical needs with staff
- A Health Care Plan is created to support each child

All our staff are trained in First Aid, completing annual refreshers and full retraining every three years to keep their skills up to date.



